



Compassionate Mind

Coaching & Counseling

Executive Coaching Group Packages

Compassionate Mind offers two Executive Coaching Packages designed for groups or teams. The first option provides a pre-brief of leadership practices, a 360 assessment which identifies the strengths and areas of improvement for leaders through observer feedback, and a debrief coaching session. The second option provides five individual coaching sessions for professional development. Effective leadership makes a positive difference in the workplace and creates the climate in which people turn challenging opportunities into remarkable successes. Coaching provides leaders an opportunity to explore how they want to enhance their leadership skills and behaviors.

Option 1 package includes the following:

- A. A 4-hour group pre-brief of The Leadership Challenge and understanding of the 5 Practices of Exemplary Leadership.
 - 1) Model the Way
 - 2) Inspire a Shared Vision
 - 3) Challenge the Process
 - 4) Enable Others to Act
 - 5) Encourage the Heart

In this pre-brief, leaders will learn how their behaviors impact direct reports, peers, and supervisors in their organizations.

- B. A 360 Assessment: THE LEADERSHIP PRACTICES INVENTORY® (LPI®) for each leader.
 - The Leadership Practices Inventory® measures how frequently leaders are demonstrating the Five Practices of Exemplary Leadership®.
 - Each of the Five Practices has six corresponding measurable behaviors.
 - Leadership is not a personality style, it is choosing positive influence and demonstrating leadership behaviors every day.
- C. An individual coaching session (1.5-2 hours) to debrief leaders on their LPI 360 Assessment feedback and develop a strategy to improve their leadership skills.

How can coaching with the LPI improve leadership skills?

- A coach provides information/assessment results that brings the leader together with people and experiences to meet the identified goals.
- A coach empowers the leader by asking powerful questions and challenging the leader to examine different perspectives.
- Leaders explore solutions with a coach to determine a way forward to achieve leadership goals.

Option 2 package includes: Five (5) 1-hour Executive Coaching sessions per person. Individuals meet with a coach to strategize leadership goals and how they want to approach challenges. Over the course of the sessions, a coaching relationship is developed which facilitates professional development. This encourages leaders to become more self-aware and empowered to develop solutions.

Service ID Number	Service Type	Description	Price
EC Option 1	Executive Coaching	Includes 4-hour pre-brief of The Leadership Challenge and LPI content, administration of LPI 360 Assessment, and 1.5-2 hour debrief coaching session. Limit 15 per group	\$1,500 per person
EC Option 2	Executive Coaching	5 (1-hour) Executive coaching sessions	\$1,200 per person

Packages can be customized, please contact for details and pricing. Additional coaching sessions available a la carte.

Contact information

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